

2022 DTC Practice Calendar

Note: All practices held at the Lake Park High School at East Campus outdoor track unless otherwise specified. Practice time for sprints/hurdles/jumps/throws is 3:30-6pm. For Pole Vault it will be 6-8pm.

June						
S	M	T	W	T	F	S
5 - OFF	6- Practice	7 – Practice and PV	8 – OFF	9 – Practice and PV	10 – OFF	11 – OFF
12 - OFF	13 – Practice Rochelle or Proviso Entries are Due	14 – Practice and PV	15 – OFF	16 – Practice and PV State Entries Due	17 – OFF	18 – Rochelle or Proviso Meet TBA
19 – OFF	20 – Practice	21- Practice and PV	22 – OFF	23 – Practice and PV	24 – USATF Illinois Junior Olympics	25 – USATF Illinois Junior Olympics
26 - USATF Illinois Junior Olympics	27 – OFF	28 – Practice and PV	29 – Practice	30 – Practice and PV Regional Entries Due	1 – OFF	2 – 4 th of July Holiday Weekend

July						
S	M	T	W	T	F	S
3 - OFF	4 – OFF	5 - Practice and PV and start of younger kids camp	6 - Practice	7 – Practice and PV	8 – OFF	9 - USATF Regional Meet
10 – USATF Regional Meet	11 –Younger athletes camp only	12 - Practice and PV DuPage Invite Entries Due	13 – Practice	14 – Practice and PV	15 – OFF	16 – DuPage Invite at East Campus
17 - OFF	18 –OFF	19 –Practice and PV	20 –Practice	21 – Practice and PV	22 – OFF	23 – OFF
24- OFF	25 – Practice for national competitors or USATF National Junior Olympics	26 – Practice for national competitors or USATF National Junior Olympics	27 – USATF National Junior Olympics	28 – USATF National Junior Olympics	29 – USATF National Junior Olympics	30 – USATF National Junior Olympics