

# 2019 DTC Practice Calendar

Note: All practices held at the Lake Park High School at West Campus unless otherwise specified. The first week we will practice at night to give those athletes still in school a chance to practice.

June						
S	M	T	W	T	F	S
2 - OFF	3 - OFF	4 - 6-830 at West Campus	5 - 6-830 at West Campus	6 - 6-830 and PV/HJ Starts tonight. Time schedule is online for HJ/PV times	7 - OFF	8 - OFF
9 - OFF	10 - Start of Morning Practice for - throws/sprints & horizontal jumps	11 - Practice in AM and PV/HJ at Night	12 - Practice in AM <b>Rochelle Meet Entries Due</b>	13 - Practice in AM and PV/HJ at Night	14 - OFF	15 - <b>Rochelle Meet</b>
16 - OFF	17 - Practice <b>State Entries Due</b>	18 - Practice in AM and PV/HJ at Night	19 - Practice	20 - PV/HJ Night Only	21 - <b>USATF Illinois Junior Olympics</b>	22 - <b>USATF Illinois Junior Olympics</b>
23 - <b>USATF Illinois Junior Olympics</b>	24 - OFF	25 - Practice in AM and PV/HJ at Night	26 - Practice <b>DuPage Invite Entries Due</b>	27 - Morning OFF. PV/HJ Only	28 - Practice at East Campus	29 - <b>DuPage Invite at East Campus</b>

July						
S	M	T	W	T	F	S
30 - OFF	1 - Practice	2 - Practice in AM and PV/HJ at Night <b>Regional Entries Due</b>	3 - PV/HJ Night Only outside at East Campus weather permitting	4 - OFF	5 - OFF	6 OFF
7 - OFF	8 - Practice	9 - Practice in AM and PV/HJ at Night	10 - OFF	11 - Practice in AM and PV/HJ at Night	12 - OFF	13 - <b>USATF Regional Meet</b>
14 - <b>USATF Regional Meet</b>	15 - OFF	16 - Practice in AM and PV/HJ at Night	17 - Practice <b>DuPage Tri Entries Due</b>	18 - Practice in AM and PV/HJ at Night	19 - OFF	20 - <b>Tri Meet at East Campus</b>
21 - OFF	22 - <b>USATF National Junior Olympics</b>	23 - <b>USATF National Junior Olympics</b>	24 - <b>USATF National Junior Olympics</b>	25 - <b>USATF National Junior Olympics</b>	26 - <b>USATF National Junior Olympics</b>	27 - <b>USATF National Junior Olympics</b>