

# 2018 DTC Practice Calendar

Note: All practices held at the Lake Park High School

at West Campus unless otherwise specified. The first week we will practice the multi-event (Heptathlon/Decathlon) athletes only. These practices will be at night to give those athletes still in school a chance to practice.

June						
S	M	T	W	T	F	S
3 - OFF	4 - OFF	5 - OFF	6 - Practice from 6-8pm Heptathletes/ Decathletes	7 - Practice from 6-8pm Heptathletes/ Decathletes	8 - Practice from 6-8pm Heptathletes/ Decathletes	9 - OFF
10 - OFF	11 - Start of Practice for morning group - throws/sprints & jumps	12 - Practice in AM and PV/HJ at Night	13 - Practice Rochelle Meet Entries Due	14 - PV/HJ Night Only	15 - Practice State Entries Due	16 - Rochelle Meet
17 - OFF	18 - Practice	19 - Practice in AM and PV/HJ at Night	20 - Practice	21 - PV/HJ Night Only	22 - Practice or USATF Illinois Junior Olympics	23 - USATF Illinois Junior Olympics
24 - USATF Illinois Junior Olympics	25 - OFF	26 - Practice in AM and PV/HJ at Night	27 - Practice Tri Meet Entries Due	28 - PV/HJ Night Only	29 - Practice	30 - Tri Meet at Home
July						
S	M	T	W	T	F	S
1 - OFF	2 - Practice	3 - Practice in AM and PV/HJ at Night	4 - OFF	5 - PV/HJ Night Only	6 - Practice	7 USATF Regional Meet
8 - USATF Regional	9 - OFF	10 - Practice in AM and PV/HJ at Night	11 - Practice Home Meet Entries Due	12 - PV/HJ Night Only	13 - Practice	14 - DuPage Invite
15 - OFF	16 - OFF	17 - Practice in AM and PV/HJ at Night	18 - Practice	19 - Practice in AM and PV/HJ at Night	20 - Practice	21 - OFF
22 - OFF	23 - USATF National Junior Olympics	24 - USATF National Junior Olympics	25 - USATF National Junior Olympics	26 - USATF National Junior Olympics	27 - USATF National Junior Olympics	28 - USATF National Junior Olympics