

2018 DTC Practice Calendar

Note: All practices held at the Lake Park High School

at West Campus unless otherwise specified. The first week we will practice the multi-event (Heptathlon/Decathlon) athletes only. These practices will be at night to give those athletes still in school a chance to practice.

June						
S	M	T	W	T	F	S
10 - OFF	11 – Start of Practice for morning group – throws/sprints & jumps	12 - Practice in AM and PV/HJ at Night	13 – Practice Rochelle Meet Entries Due	14 – PV/HJ Night Only	15 – Practice State Entries Due	16 – Rochelle Meet
17 – OFF	18 - Practice	19- Practice in AM and PV/HJ at Night	20 – Practice	21 – PV/HJ Night Only or or USATF Illinois Junior Olympics	22 –USATF Illinois Junior Olympics	23 – USATF Illinois Junior Olympics
24 -OFF	25 – Practice	26 - Practice in AM and PV/HJ at Night	27 – Practice Tri Meet Entries Due	28 – PV/HJ Night Only	29 – Practice	30 – Tri Meet at Home
July						
S	M	T	W	T	F	S
1 - OFF	2 – Practice	3 - Practice in AM and PV/HJ at Night	4 - OFF	5 – PV/HJ Night Only	6 – Practice	7 USATF Regional Meet
8 – USATF Regional	9 - OFF	10 - Practice in AM and PV/HJ at Night	11 - Practice Home Meet Entries Due	12 – PV/HJ Night Only	13 – Practice	14 – DuPage Invite
15 - OFF	16 – OFF	17 –Practice in AM and PV/HJ at Night	18 – Practice	19 – Practice in AM and PV/HJ at Night	20 – Practice	21 – OFF
22- OFF	23 – USATF National Junior Olympics	24 – USATF National Junior Olympics	25 – USATF National Junior Olympics	26 – USATF National Junior Olympics	27 – USATF National Junior Olympics	28 – USATF National Junior Olympics